

# NEWS LETTER

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*The "Erasmus well being" project of the school year 2022-2023 for the guys : Calderera Edoardo, Lo Monaco Roberto, Sperandini Maura and Zani Chiara was organized in Greece, specifically in the city of Athens.*

*The departure took place on April 24 with the meeting directly at the airport with the accompanying teachers, and although the flight lasted approximately two hours, we were the last country among the participants to meet their assigned families. In fact, the study week included guys from different countries, Spain, Finland, Germany and Italy who shared this wonderful experience.*

## Monday

*Upon our arrival in Athens, we met the host families and with them we went to our "new" home. With the other guys the appointment set was for the next day at school.*



## Tuesday

*After spending the first night, we got ready to meet all together at the Greek host boys' school to show us around and attend some lectures on sustainability and equal social opportunities.*

*After the school day ended, we split up to eat and then meet again in the evening.*

## Wednesday

*The third day, like the first, started at school. We attended a lecture and exhibited our own work regarding social sustainability in our country.*

*On today's day also a "dance battle" or a time when all the students gathered to dance their typical dances and try to teach us.*

*When this day also ended, we again separated for lunch and then all met again in the National Gallery to visit an art exhibition.*

*The day passed very quickly and with the arrival of evening, after spending more time together, we headed to the homes of our host families.*



## Thursday

*On Thursday, we started the day at school, and then at 12:00, we visited the Athens Acropolis. A majestic area on the top of the city, where we saw one of the symbols of this capital, the Parthenon!*

*Then we also visited the Acropolis Museum, where the tourist guide explained to us a lot about the statues and frescoes and their meaning.*

*After that, we went to lunch and we visited the center of Athens.  
After spending a lovely day, we came back in the evening to our host families*





## *Friday*

*Friday's day started earlier than the others because at 8:35 a.m. the bus was waiting for us to leave with direction Delphi. The meeting place was "Apostolos Nikolaidis Stadium," a central building in the Alexandras Av area. The trip lasted about 2 hours and we were able to view different environments of Greece, such as lakes and mountains. Once we arrived at 11 a.m., a guide took us through Delphi, among climbs and historical relics such as the famous oracle.*

*After the tour of about an hour, the guide led us to the archaeological museum where we were able to observe from small artifacts to large monuments, such as statues that were placed in front of the entrance to cities. In the afternoon, however, the Greek students guided us to the nearby town of Arachova, a very small and rustic site where we ate typical Souvlaki and walked among numerous cats. After that, there was the return to Athens which lasted 3 hours that seemed much less thanks to the company of the exchange students. The day ended with the return to their host families.*



## Saturday

*Saturday was less demanding since it was the last day. In the morning we went to Lycabettus Hill, one of the most picturesque places in Greece from which after a long hike uphill you can see the whole city of Athens, from the sea to the mountains with a beautiful view of the Parthenon. In the afternoon, together with all the exchanges, we went to the sea using streetcars to spend a wonderful afternoon together playing guitar, playing ball*

*and bathing in the icy Ionian Sea. After a last dinner together and farewells, we separated, ready for the next day's departures.*



## *Sunday*

*On Sunday, we bid farewell to our host families and returned to Rome. We looked back with nostalgia for the beautiful moments we experienced during the Erasmus project.*

