

## ERASMUS WELL BEING- SANTOMERA 30/01-5/02/2023

### DAY 1:

We took off, in the morning at 10.30; our flight was directed to Valencia. Once in Valencia, we had lunch and spent some time in the city, visiting and walking around; after that we took the bus to Santomera, which was our destination and we arrived there at 20.00, and our hosts were waiting for us.



### DAY 2:

In Santomera's school the lessons start at 8.00, so in the morning we met up with all the other students of the Erasmus project at school. The Spanish teachers prepared a classroom for us, so all our activities were done in that room. First thing we did, was presenting ourselves to the others and we also played a game to memorize the names of our mates. Then, as a way of bonding, we did an art workshop.



After lunch, which we had at our house, in the evening some of us went to bowling, and others went to the Rocodromo, where we climbed.

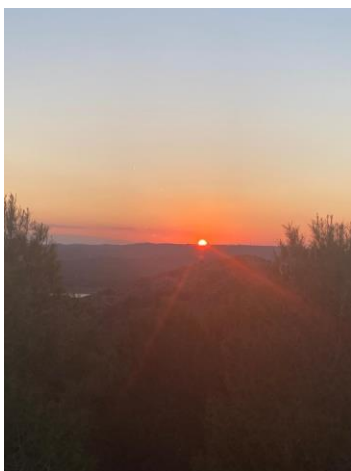


### DAY 3

We met up in the morning at school and from there we went together with the other Erasmus students to the Santomera's mayor's office. There, the mayor, who was a woman, answered some of our questions and at the end of our visit, they gave us a tote bag with a famous quote from Santomera.



After lunch we went for a walk in the mountains, where we had a picnic while watching the sunset.



## Day 4

In the morning we had the possibility to attend the same classes of our hosts and then some of us practiced pilates and other ones played volleyball and ping pong.

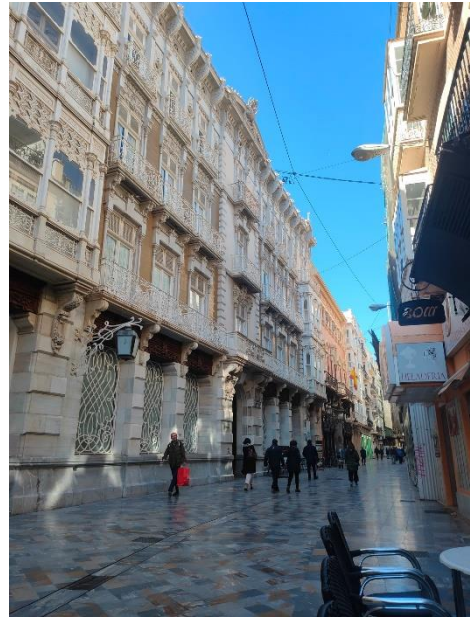
Then, we went to visit Murcia centre where we had lunch at Five guys. In the afternoon, we rented some boats and we went on the river. After that we had a long walk and then we visited an aquarium. In the evening we had dinner with an Empanada and we went to a pub to relax. Then, we came back home.





## Day 5

In the morning we took the bus and we went climbing a mountain near the sea in Calblanque. Then we went to Cartagena and we visited its museum. Then, we had lunch in a typical restaurant and we had a walk in the centre. Then, we visited the Roman Theatre and we came back home. Later we had a barbecue.



## Day 6

On day 6 we went to a nearby town where they were celebrating some kind of religious festivity. Here there were lots of food stands and a big market where they sold all kinds of stuff. After this we went home and we spent our last time with the families and rested a bit for the night. At night we threw a party because this was our last night together. After we celebrated we all had to say sadly goodbye to each other, then we went back home to get some sleep before the last day.

## Day 7

On this day we woke up and we met up in front of the school, we said goodbye to our hosting families and we left to get Valencia's airport. We waited for our plane and after 3 hours we were finally back in Rome.



The students.